

# CRYING IN FINANCE:

## *Learn Personal Finance Without the Tears*

### COURSE SCHEDULE

#### Pre-Work

- Homework – Joy worksheet

#### Session 1

- Go Over – Unit 1: Motivations
- Review – Joy worksheet
- Go Over – Unit 2: Making Peace With The Past
- Homework – Money Received worksheet & Net Worth worksheet

#### Session 2

- Review – Money Received worksheet & Net Worth worksheet
- Go Over – Unit 3: The Flow Of Money
- Homework – Net Income worksheet & Expenses worksheet

#### Session 3

- Review – Snapshot worksheet
- Go Over – Unit 4: A Snapshot Of The Present
- Go Over – Unit 5: Spend Less
- Homework – Examining Expenses worksheet  
Optional: Research Employer Benefits

#### Session 4

- Review – Examining Expenses worksheet
- Go Over – Unit 6: Earn More
- Go Over – Unit 7: Paying Off Debt
- Homework – Increasing Income worksheet  
Optional: Debt Reduction Calculator, Loan worksheet, & Credit Card worksheet

#### Session 5

- Review – Increasing Income worksheet & optional worksheets
- Go Over – Unit 8: Ways To Save
- Go Over – Unit 9: Investing
- Go Over – Unit 10: Investment Accounts
- Homework – Retirement Accounts worksheet

#### Session 6

- Review – Retirement Accounts worksheet
- Go Over – Unit 11: Building Wealth
- Go Over – Unit 12: Be A Financial Guru
- Go Over – Unit 13: Path To FI
- Homework – My Path to FI worksheet